

Mid-Island Castaways Fly Fishing Club
Three-hour Fly-Casting Clinic for Single Hand Rods
June 19, 2021

Mid-Island Castaways Fly Fishing Club casting instructors worked on their casting and teaching skills every week since October 2020. Now that Public Health rules have allowed sports activities to start again, the Club is offering a three-hour single-hand casting improvement clinic for club members on Saturday June 19, 2021. Class size is limited to 15 and spaces was filled on a first come first served basis. The clinic focuses developing foundational casting skills or improving your casting technique. Performing an efficient cast requires a tight loop resulting from smooth acceleration to an abrupt stop and good timing, and adjusting your technique as the cast gets longer. The course will cover two casts that are the foundation of all other casts, the Pick Up and Lay Down (PULD) and roll casts. False casting involves repeating part of the PULD, keeping the line in the air to extend a cast, dry a fly, or change direction or trajectory to a new target. The Club will provide fly rods to participants.

Date and time: Saturday June 19, 2021, 1:00 to 4:00 PM.

Location: Lower (east) sports field, Kwalikum Secondary School, 266 Village Way, Qualicum Beach. Parking is between the high school and The Gardens Care Home.

Fee: \$20. Payment by cash or cheque (to Mid-Island Castaways) will be accepted at the registration desk before the clinic begins.

Equipment: The Club will provide 5 or 6 wt fly rods to participants. No need to bring your own rod. Participants are requested to bring eye protection from sun and flying objects, a folding chair, water bottle, hat and clothing suited to weather conditions, and a mask. Bring a note book and pencil if you are inclined to record information (optional).

Covid-19 safety: We hope participants have received at least their first Covid-19 vaccination. Physical distancing will be maintained at one fly rod length apart. A mask will be worn if it is necessary to approach closer than this. A Covid-19 Covid-19 Safety Plan was developed for casting workshops and clinics.

Liability Waiver: Students must sign a club liability waiver to participate.